

## West Park Out of School Club – Weekly Snack Menu

| Monday                                                                              | Tuesday                                                                       | Wednesday                                                                               | Thursday                                                                                   | Friday                                                                |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|
| Mini sausages and cheese<br>Fresh fruit<br>(Cereals containing Gluten, Pork, Dairy) | Crackers & soft cheese<br>Fresh fruit<br>(Cereals containing gluten, dairy)   | Tortilla chips, cucumber, carrots and dip<br>(Cereals containing gluten, dairy)         | Brioche<br>Fresh fruit<br>(Cereals containing gluten, dairy)                               | Treat night<br>Fresh fruit<br>(Cereals containing gluten, egg, dairy) |
| Wraps, cheese, peppers & dip<br>(Cereals containing gluten, dairy)                  | Garlic bread<br>Fresh fruit<br>(Cereals containing gluten, dairy)             | Sausage and Cheese rolls<br>Fresh fruit<br>(Cereals containing gluten, egg, pork)       | Crumpets<br>Fresh fruit<br>(Cereals containing gluten, dairy)                              | Treat night<br>Fresh fruit<br>(Cereals containing gluten, egg, dairy) |
| Hot buttered toast<br>Fresh Fruit<br>(Cereals containing gluten, dairy)             | Pasta & Sauce or Noodles<br>Fresh fruit<br>(Cereals containing gluten, dairy) | Tortilla wraps with ham and cheese<br>Fresh fruit<br>(Cereals containing gluten, dairy) | Banana and custard<br>(Dairy)                                                              | Treat night<br>Fresh fruit<br>(Cereals containing gluten, egg, dairy) |
| Toasted sandwiches<br>Fresh fruit<br>(Cereals containing gluten, dairy, pork)       | Rice pudding<br>Fresh fruit<br>(Dairy)                                        | Hot buttered crumpets or teacakes<br>Fresh fruit<br>(Cereals containing gluten, dairy)  | Breadsticks, cucumber, peppers & dip<br>Sultanas or raisins<br>(Cereals containing gluten) | Treat night<br>Fresh fruit<br>(Cereals containing gluten, egg, dairy) |

**NUT FREE IS NOT GUARANTEED ALTHOUGH EVERY EFFORT WILL BE MADE**